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Greenbelt Children's Center

Room 2 Daily Schedule for Fall, Winter, and Spring

7-8:50 am Free Choice Activities (Small Muscle Skills, Cooperation, Social Skills, Large Muscle Activities) Mixed Age Groups 7-8 am

8:50-9 am Clean-up Classroom (Sorting, Cooperation, Responsibility)

9-9:15 am Calendar, Weather, Schedule for the Day (Counting, Recognition, Science, Vocabulary)

9:15-9:25 am Music (Movement, Rhythm, Sound, Repetition) **9:25-9:30 am** Bathroom, Washing Hands (Cleanliness, Good Health)

9:30-9:45 am Morning Snack (Nutrition, Good Table Manners, Social Skills, Small Group Discussions, Self Help Skills) **9:45-9:50 am** Cleanup Snack, Ready to Go Outdoors (Responsibility, Cleanliness, Self Help Skills)

9:50-10:45 am Outdoor Play (Large Muscle Skills, Cooperation, Creativity, Good Sportsmanship, Good Health, Physical Development)

10:45-10:55 am Go Inside, Wash Hands, Social Studies/Science Discussion (Vocabulary, Sharing Knowledge, Stimulate Thought Processes)

10:55-11:25 am Small Group Rotation through Art, Science, Manipulatives, Academic Projects (Creativity, Small Muscle Skills, Matching, Sorting, Stacking, Learning New Skills, Practicing Acquired Skills, Cooperation, Social Skills Practice), Indoor Large Muscle Activity (Physical Development)

11:25-11:35 am Cleanup Classroom

11:35-11:50 am Story Time (Language, Creativity, Association of Words to Pictures)

11:50-11:55 am Bathroom, Wash Hands

11:55-12:45 pm Lunch (Nutrition, Social Skills Practice, Good Table Manners)

12:45-1 pm Cleanup Lunch, Wash Hands and Face, Make Cots, Shoes Off, Settle Down, Look at Books (Responsibility, Self Help Skills, Good Health, Cooperation, Change of Pace)

1-3:00 pm Rest Time (Slow Pace, Good Health) Listen to Quiet Music

3-3:15 pm Get Up, Put Shoes On. Bathroom (Good Health, Cleanliness, Self Help Skills) Stretching Activity

3:15-3:30 pm Story

3:30-3:45 pm Afternoon Snack

3:45-3:50 pm Cleanup Snack

3:50-4 pm Music or Movement activity

4:00-4:30 pm Outdoor Activities

4:30-5:20 pm Table Manipulatives, Block Play, Housekeeping Role Play, Arts & Crafts

5:20-5:30 pm Cleanup Classroom

5:30-6:00 pm Mixed Age Groups Involved in Free Choice Activities or Listening to Stories read by staff individually or in small group

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